




## Bountagu Community Programme Summer 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY
<p><b>Information and advice. Help with form filling. Free 10-11.30am</b></p>  <p><b>Afternoon Tea @ Westbourne Hall Free 1.30 – 3.30pm All Welcome</b></p>  <p><b>Monthly 50+ Lunch CALL TO BOOK</b></p>	<p><b>Conversational English Free 9.30am - 11.30am</b></p> <p><i>Speak English</i></p>  <p><b>Help yourself! Pop in for tea &amp; chat! 11.30 – 5pm</b></p> <p><b>Neighbourhood Watch Meeting Last Tuesday every Month 7pm – 8.30pm</b></p> 	<p><b>New Coffee Morning and Job Club Free 9.30-11.30am</b></p> <p><b>Start Something Social</b></p> <p><b>5 Week Social Enterprise Training Programme 12.00-2.30pm</b></p> <p><b>FREE: CALL TO BOOK</b></p> <p><b>FREEDOM E Enterprise Club 11- 16 yrs Free 4pm – 5.30pm</b></p>	<p><b>Councillor Surgery Meet Nesimi Erbil first Thursday every month 9.30am-10.30am</b></p>  <p><b>Followed by CAPE monthly meeting 12-1pm</b></p> <p><b>Hang Out! Free Under 11s Term time 3.30pm-5pm &amp; holiday programme</b></p>  <p><b>Youth Forum 5–6.30pm</b></p>  <p><b>Great Stuff!</b></p>	<p><b>Coffee Morning run by local residents 9am-12pm</b></p>  <p><b>FREE All Welcome!</b></p>  <p><b>BOUNTAGU BUDDY Befriending 9am–3pm</b> Do you know someone who is alone, could do with a visit? Can you help? Pop in for a chat.</p> <p><b>Keep Fit with Boxercise! 6.30pm – 7.30pm To book: 07956597501</b></p>	<p><b>Keep Fit with Boxercise!</b></p> <p><b>2.pm-3pm To book: 07956597501</b></p>  <p>© Can Stock Photo</p>

Pop in the Bountagu Community Hub, 229 Bounces Rd, Edmonton N9 8LP. Tel: 0208 292 5626. Venue also available for hire  disabled accessible. Contact the Hub for more information or venue hire : Elham: 07716483175, [elham.asskoumi@bountagu.com](mailto:elham.asskoumi@bountagu.com) Facebook: Bountagu Big-Local. Bountagu is run by local residents “building the community together!”. Registered charity no. 1091715